



FHO News

A newsletter for our friends and supporters

From the Director's Desk , Nancy Egner, LICSW, MPA

As I write this, I am very aware that summer is coming to an end and fall is approaching. Fall is the time for closing things out and getting ready for the hard times of winter. It also a time for being thankful and showing gratitude for our blessings, accomplishments and gifts! Nationally we celebrate Thanksgiving Day, one of my favorite holidays! At FHO, fall is the time of our financial audits, closing out the books on the previous year and our annual meeting where we celebrate the gains of the last year and look forward to the next. This got me thinking, what is gratitude? Googling 'Gratitude', it says gratitude is "the quality of being thankful; readiness to show appreciation for and to return kindness."

We have so much to be thankful for at Fellowship Housing! Another fiscal year has gone by and we continue to do well. We have many wonderful tenants who love their homes, and we are continuously ramping up our efforts to becoming a household name by telling people about the work Fellowship Housing does and why we are in existence. Each week more and more people are taking notice!! Personally I am very grateful for the team I work with here at FHO, staff and Board. They are an amazing and talented group of Individuals, and I am very grateful for them! I am also very thankful for the larger provider network and supporters of FHO every day!

With that said, this edition of FHO News is going to consist of FHO attempting to express our gratitude to some of those we have in our circle everyday. Thank you all!!!!

We also have a very exciting event to share with you.!!



This is a photo from the Community Barbeque event at Heritage Harley Davidson in May. Thank you to Heritage Harley Davidson and everyone who donated time, supplies and money to assist us!



Here is Fellowship's booth at Market Days, In-Town's Concord's downtown festival. It was a real joint effort. Thank you again to all the staff, Board members, and friends who helped put it together and came by to visit us!



Fellowship Housing Opportunities, Inc.



We are very grateful to a friend of FHO who donated some used office furniture and supplies ! Thank you Arthur!!



GetFitNH, a local fantastic gym, chose FHO to be the recipient of their quarterly charity training event. They did a FABULOUS job talking about the realities of having mental illness, and tying that to the training event. Coach Adam talked about how people with mental illness carry quite a burden every day, so they need a team around them for support. As a result, the training involved carrying a heavy load, and sharing that load with a team of individuals! Perfect! Check out this video at: <https://vimeo.com/user80479083/>



Resident Story

A couple who have battled drug addiction, incarceration, mental illness and developmental disabilities, who due to being flooded out of their last apartment two years ago were living in a tent in the woods together, are among our newest tenants. About 6 months ago they were able to move into an FHO apartment, and are so grateful to have a 'real home' as they tell us all the time!

Resident story

FHO provides a home to a woman who lives with schizophrenia. She has lived in her Fellowship Housing independent apartment since 2003. An amazing 16 years! She is quiet and stays to herself a lot, but is so appreciative of her place and her home that she takes good care of it and often tears up (in gratitude!) when talking about it. We are very thankful to be able to offer her this home.

Movie Night at Red River Theatre November 12, 2019

We are very excited to announce that on Tuesday November 12, 2019, Fellowship Housing Opportunities is hosting a reception and movie at Red River Theatres in Concord. This event will include a reception prior to the movie, and a panel discussion following the movie. The reception begins at 6:00 pm in the Simchik Cinema at the Red River Theatre and will be followed by the movie *God Knows Where I Am* beginning at 7:00 pm in the Stonyfield Cinema. Tickets are \$15.00. Following the movie, we will host a panel discussion about the movie, the needs of the mentally ill, and how we as a community can address them. The panelists will include Peter Evers, CEO of Riverbend Mental Health Center, Ken Norton of NAMI NH, and Rob Dapice of the New Hampshire Housing Finance Authority. We are looking forward to this event and would be very grateful to see you there! Please add this to your calendar, and join us for a night out!

Fellowship Housing Opportunities, Inc.

36 Pleasant Street, Concord NH 03301.

phone—603.225.1767 www.fellowshiphousing.org